



Effect of Cold Storage on Composition and Properties of Grass Carp Muscle Proteins

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ABSTRACT

The aim of present study was to evaluate the influence of cold storage on composition and properties of grass carp protein. The results show that muscle proteins of grass carp were degraded and underwent conformational changes when stored at 4 °C, and significant changes of the proteins content, as shown by the SDS-PAGE fingerprint, was observed after 6 days of storage. Protein's surface hydrophobicity and total SH content increased during the first 4 days and then decreased gradually up to 10 days. The Ca²⁺-ATPase activity of protein decreased gradually during the storage period. The high MW proteins easily degraded during the cold storage, and the proteins with low MW were relatively stable but still gradually degraded. So the key time point for cold storage of grass carp is approximately 4-6 days.

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Authors' Contribution

YL conceived and designed the study. FW, YC and SC performed the experiments. FW and YL wrote the paper. XL, JY and JW reviewed and edited the manuscript.

Key words

Change, Cold storage, Degradation, Grass carp, Muscle protein.

INTRODUCTION

Grass carp (*Ctenopharyngodon idellus*), one of the largest members of the family Cyprinidae, whose farming output already exceed 5.9 million tons on every year in China. The meat of grass carp has high nutritional values and moderate sale price, which is favored by consumers and manufacturers, and its consumption and output values tops all the freshwater fishes. However, the grass carp meat deteriorates easily during handling, distribution, processing and sale, which induces a huge waste of resources. Therefore, studies on quality changes during processing and storage are of great importance.

The quality of fish deterioration occurs mainly as results of autolysis (self-digestion) and microbial growth (Lone and Hans, 1996). Some researches about fish spoilage patterns and preservation technology have been performed (Kjaersgård and Jessen, 2003; Zhang *et al.*, 2003; Reddish *et al.*, 2008). At present, the problem of microbial growth could be controlled effectively by low temperature storage and some cold sterilization technologies. Some researches (Benjakul *et al.*, 2003; Magdalena *et al.*, 2007) have also found that degradation of fish muscle proteins during processing and storage are one of main causes of fish autolysis. For fish products, regardless of seafood or freshwater fish, the firmness of fish

is associated with the types of protein and their function (Moral *et al.*, 2002; Godiksen *et al.*, 2009), and myofibrillar protein is a structural protein that supports muscle performance. Some proteases from sarcoplasmic proteins, such as cathepsins, are correlated with fish muscle texture (Godiksen *et al.*, 2009). Meanwhile, changes of these proteins can be reflected in the change of protein physicochemical properties, such as surface hydrophobicity, total SH content. Moreover, degradation of fish proteins by cathepsins can easily result in textural changes and breakdown of muscle structure (Magdalena and Krzysztof, 2007). For example, Shi *et al.* (2012) demonstrated that fish proteins from silver carp disintegrate and produce peptides and amino acids, which disintegrate further and result in biogenic amines during storage. Thus, studies on the profiles of fish post-mortem proteolysis process could possibly help to prevent and/or control the deterioration of fish muscle quality.

Nowadays, the need to predict changes in the quality of fish meat in the process of refrigerating is attracting more and more attention from consumers (Hong *et al.*, 2012). Until now, research on the concrete details and mechanisms of the proteome changes of grass carp during cold storage has been limited. Therefore, the specific objective of present study was to determine the changes in grass carp protein fractions during cold storage at 4°C. This, in turn, would lead to a better understanding of the strategies for the preservation and improve the application or shelf life of freshwater fish.

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MATERIALS AND METHODS

Sample preparation

Fresh and alive grass carp (*Ctenopharyngodon idellus*) collected from local market was briefly reared in ice water mixture for 1 h, then immediately washed, filleted, and packed in polyethylene bags. The packed fillets were stored in refrigerator (4°C) and taken out at 0, 2, 4, 6, 8 and 10 days of storage for analyses.

Preparation of total and different types of protein fraction

The total proteins of samples at different storage time were extracted as follows: 6 g fish meat paste was homogenized in 60 mL of extraction solution (200 mmol/L Na_2HPO_4 / NaH_2PO_4 , 2% (w/v) SDS, 100 mmol/L DTT, pH 7.4) by an Ultraturrax homogenizer (Omni THQ, USA) at 12000 r/min for 20 s. The homogenate was then extracted twice using similar method above and protein concentration in the supernatant was measured by Lowry method (Ohnishi and Barra, 1978).

Different types of proteins (sarcoplasmic protein, myofibrillar protein and myostromin) were prepared by the method described by Chen and Hwang (2002). Concentrations of sarcoplasmic protein and myofibrillar protein were measured by Lowry method, and the myostromin concentration was assayed by Kjeldahl method. Each experiment was performed 3 times and the means were reported.

Electrophoretic analysis of protein degradation

For SDS-PAGE analysis, about 1 g of fish meat paste at different storage time was homogenized in 2 mL of extraction solution [2% (w/v) sodium dodecyl sulfate (SDS), 100 mmol/L dithiothreitol (DDT), 60 mmol/L Tris-HCl, pH 7.5] for 30-60 s. The homogenate was added to 2×Laemmli loading buffer and homogenized for 30 s, then boiled in a water bath for 3 min. Electrophoretic analysis was then performed as the Niaz (2017) method using a 10% w/v gel concentration.

Surface hydrophobicity

Protein surface hydrophobicity was determined by the method of Benjakul *et al.* (1997) with minor modification. Prepared total protein in 0.01 mol/L phosphate buffer, pH 7.0 was diluted to 0.01, 0.02, 0.03, 0.04, 0.05% (w/v) protein using the same buffer. The diluted protein (4 mL) was stabilized and added with 10 mL of 0.08 mol/L 8-anilino-1-naphthalenesulfonic acid (ANS) in 0.01 mol/L phosphate buffer, pH 7.0. The relative fluorescence intensity of ANS-protein conjugates was measured using an PerkinElmer LS45 spectrofluorometer (American PerkinElmer Inc.) at excitation wavelength 365 nm and emission wavelength 480 nm.

Total SH analysis

Total SH content was measured using a total mercapto (-SH) measurement kit (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) according to the manufacturer's instructions.

Ca^{2+} -activated ATPase enzyme activity investigation

Ca^{2+} -activated ATPase enzyme (Ca^{2+} -ATPase) activity was determined for samples at different storage time and expressed as micrograms of inorganic phosphorous (Pi) per milligram protein per minute. Ca^{2+} -ATPase activity was tested according to the method of Binsi *et al.* (2007).

Statistical analysis

All experiments were carried out for at least three times. Data were analyzed by analysis of standard deviations and variances using DPS V7.05 software (Tang and Zhang, 2013). All data sets were tested for normality, and duncan's multiple range test (DMRT) was used to determined statistical significance ($P < 0.05$).

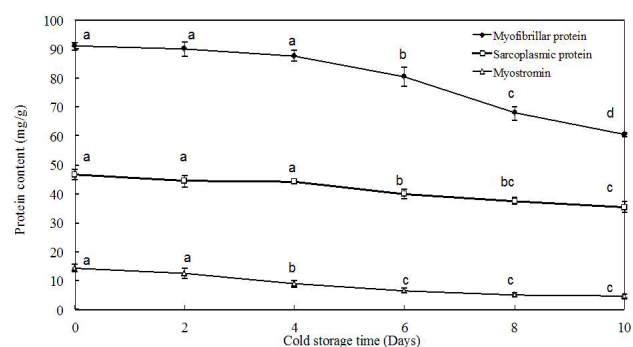


Fig. 1. Changes of relative content of three types of muscle proteins from Grass carp during cold storage (4°C). All values are means $\pm$ SD; different letters indicate significant differences between storage times within the same group at $P < 0.05$.

RESULTS

Relative content of fish protein fractions

Changes in relative content of three types of muscle protein (sarcoplasmic, myofibrillar protein and myostromin) from grass carp during cold storage (4 °C) are shown in Figure 1. At the first four days, it could be well observed that relative contents of the sarcoplasmic and the myofibrillar protein decreased slightly but there were no significant differences. With the storage time prolonging, there was a remarkable decrease in the relative content of the myofibrillar protein, suggesting a dramatically degradation of this type of protein since or after 6 days cold storage. Compared to sarcoplasmic and

myofibrillar protein, content change of the myostromin protein was mainly seen since or after 4 days cold storage. The decrease might be caused by the alternative solubility of part of this protein fraction, as variation with some fine structure of the thin filaments (Hamoir, 1955).

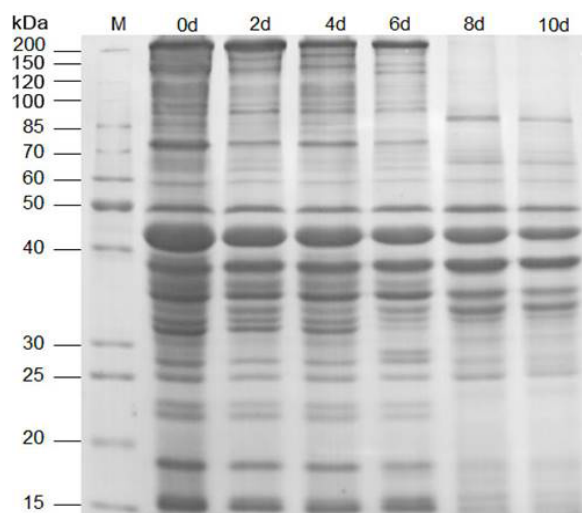


Fig. 2. SDS-PAGE patterns of muscle protein samples during cold storage (4°C). Numbers designate storage days. M means high molecular weight standard.

SDS-PAGE profiles

The electrophoretic profiles for total proteins of samples at different storage time are presented in Figure 2. There was no significant difference observed in SDS-PAGE patterns of 0, 2 and 4 day samples, which included about 30 protein bands. The signals of all protein bands were weakened to varying degrees, but obvious differences gradually emerged since or after cold storage for 6 days. Moreover, according to estimated molecular weight, bands of 212, 17 and 15 kDa completely disappeared in samples for the 8th and 10th day, but some bands with MW of 25 to 42 kDa seemed to be relatively stable, because of no obvious protein signal change even at lane of the 10 d sample, which was consistent to the results reported else (Nelson, 1994; Sikorski and Kolakowska, 1995). Interestingly, a new 29 kDa band in lanes 6d and a new 90 kDa band in lanes 8 and 10 d appeared, which could be explained as the degraded fragments from some high MW proteins.

The integrated optical density (IOD) of each protein band in all lanes was calculated in Table I, and some bands were assigned to respective proteins based on data from previous literatures (Jasra *et al.*, 2001; Magdalena and Krzysztof, 2007). It could be clearly observed that the IOD of almost all protein bands were constantly reduced,

and the variation tendency of IODs was in accordance with that of band signals in Figure 2.

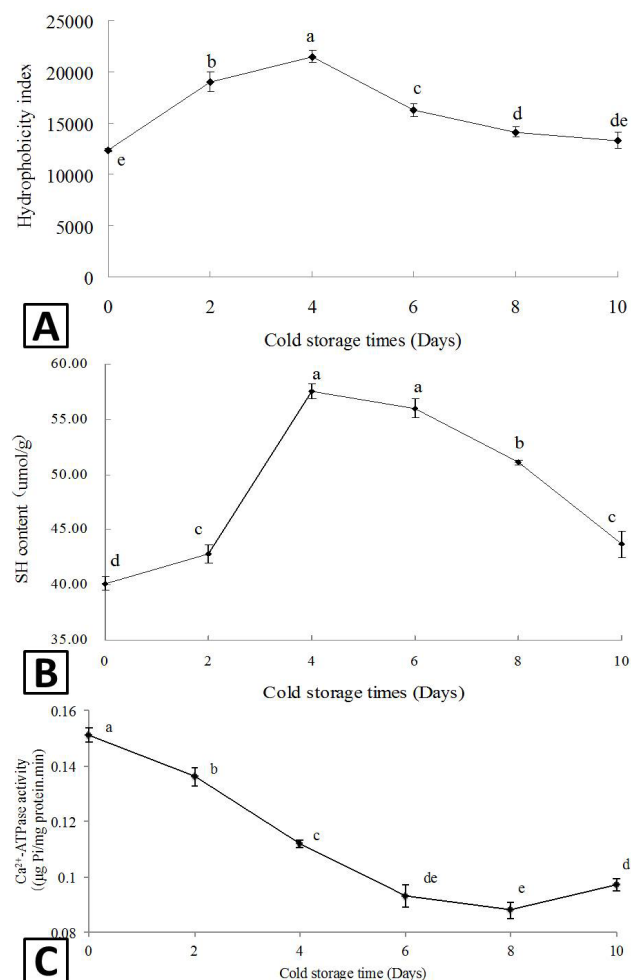


Fig. 3. Changes in surface hydrophobicity (A), total SH content (B) and Ca²⁺-ATPase activities (C) of grass carp muscle proteins during cold storage (4 °C). Different letters indicate significant differences among the samples obtained at different storage times ($P<0.05$).

Surface hydrophobicity

As shown in Figure 3A, the hydrophobicity index of grass carp muscle protein reached to 20416 at the 4th day from 11751 for fresh sample, undergoing a remarkable increase of ($P<0.05$), which might be due to exposure of hydrophobic groups caused by protein denaturation or degradation. Then the hydrophobicity index declined gradually during the next 6 days, and dropped by 42 % at the 10th day.

Total SH content

Total SH content of muscle protein increased slightly

Table I.- Changes in relative content of proteins corresponding to different bands.

Band No.	MW (kDa)	Maybe	0 d (IOD ^a)	2 d (IOD)	4 d (IOD)	6 d (IOD)	8 d (IOD)	10 d (IOD)
1	212	MHC ^b	264.23	250.73	166.52	164.66	ND ^c	ND
2	180		ND	83.29	88.229	ND	ND	ND
3	160		ND	ND	ND	50.11	ND	ND
4	150		238.82	150	140.1	62.582	ND	ND
5	120		252.74	ND	170.08	ND	ND	ND
6	96	α -Actinin	206.57	81.282	90.387	114.63	ND	ND
7	90		ND	ND	ND	ND	128.8	86.277
8	87		126.93	ND	ND	ND	ND	ND
9	75		219.07	109.72	123.42	64.845	ND	ND
10	66	Fimbrin	210.67	115.02	ND	ND	98.594	86.144
11	59		148.21	69.08	79.111	55.777	82.056	84.346
12	50		211.23	144.31	142.82	120	157.35	129.82
13	42	Actin	567.47	355.13	347.66	270.33	278.99	211.93
14	38		340.43	282	293.98	242.14	290.53	227.14
15	36		ND	134.85	ND	90.323	200.54	142.79
16	35	Tropomyosin	425.1	170.37	188.8	170.01	ND	136.7
17	34		ND	135.88	ND	99.356	154.26	105.32
18	33		ND	87.649	101.32	63.311	104.7	ND
19	31		188.89	113.36	128.7	ND	ND	ND
20	29		ND	ND	ND	80.159	ND	ND
21	27		158.66	95.919	100.15	82.081	ND	ND
22	25	MLC1 ^d	156.01	108.06	111.93	89.24	102.26	181.02
24	23		132.03	94.025	101.58	82.007	ND	ND
25	22		166.85	112.44	117.88	87.094	ND	ND
26	18	MLC2	318.21	218.07	192.43	201.96	ND	ND
27	15	MLC3	343.14	258.3	275.75	280.77	ND	ND
Sum			4675.3	3168.4	2960.8	2471.4	1598.1	1391.5

^a: integrated optical density; ^b: myosin heavy chain; ^c: not detected; ^d: myosin light chain.

after 2 days storage, and dramatically increased 43% to 57.53 mol/g at the 4th day ($P<0.05$), then decreased gradually up to 10 days (Fig. 3B). This was in accord with the trend of surface hydrophobicity (Fig. 3A), confirming the results of Hill *et al.* (1982) that oxidation of SH residues affect protein's surface hydrophobicity.

Ca²⁺-ATPase activity

Myosin accounts for 50% of myofibrillar protein and the globular heads of myosin are responsible for the activity of Ca²⁺-ATPase (Godiksen *et al.*, 2003). In present study, the initial value of Ca²⁺-ATPase activity was 0.151 μ g Pi/mg protein/min and decreased gradually (Fig. 3C). Benjakul *et al.* (2003) reported that the Ca²⁺-ATPase activity of fishes muscle decreased during frozen storage because of protein denaturation and tissue disruption. After 4 days of cold storage (4 °C), the decrease of activity was significant ($P<0.05$), corresponding to the denaturation of myosin, which agreed with the results of IOD of protein bands (Table I).

DISCUSSION

From our results of changes in relative content of grass carp muscle protein fractions, we speculate that the texture of grass carp fillets would begin to change after 4 days of cold storage, and significant changes would take place since or after 6 days. Myofibrillar protein is the most important protein in fish muscle, Jasra *et al.* (2001) found that enzymatic proteolysis of fish meat during postmortem storage induced the disruption of the structure of the myofibrillar proteins. Lin *et al.* (2012) identified that the special textural characteristics of grass carp correlated with higher content of myofibrillar protein, and the mastication properties of crisp grass carp muscle were positively correlated with more interstitial material (sarcoplasmic proteins) in fish. According to Sriket *et al.* (2007), collagen protein is the major component of myostromin protein and has a pronounced effect on hardness and cohesiveness of shrimp meat. However, further studies would be focused on the relationship of change in protein fraction and the texture of grass carp fillets.

SDS-PAGE analysis further corroborated existing evidence that muscle protein of grass carp gradually degraded during cold storage. As shown in Table I, the integrated optical density of myosin (MHC, tropomyosin, MLC) decreased significantly since or after 4 days of cold storage at 4 °C ($P < 0.05$), suggesting the start of significant changes in this type of protein fraction. These results were consistent with other previous reports (Bonnal *et al.*, 2001; Nelson, 1994; Lin *et al.*, 2012).

During cold storage, the protein surface hydrophobicity increased 74% at the 4th day, then declined gradually during the next 6 days (Fig. 3A). Which was similar to reports of Roura *et al.* (1992) and Benjakul *et al.* (1997), in which the surface hydrophobicity of fish proteins increased substantially during the first 2-3 days of iced storage. Change of surface hydrophobicity reflects conformational change of proteins, and the increase of surface hydrophobicity could be interpreted as an exposure of the interior of the molecule because of protein denaturation or degradation, and the subsequently decreased surface hydrophobicity was likely to be associated with refolding and aggregation of the resulting proteins (Roura *et al.*, 1992; Benjakul *et al.*, 1997).

Based on data from previous literatures (Hayakawa and Nakai, 1985), the increase in total SH content might be due to that some proteins (such as myofibrillar protein) exposed the embedded original SH group because of conformational changes and degradation, or partial protein oligomers released free SH group by depolymerization, and the decrease in total SH group might be caused by formation of disulfide bonds through oxidation of SH groups. Besides, change trend of some proteins such as myosin was essentially in agreement with the result of Ca^{2+} -ATPase activity assay, indicating the protein denaturation and tissue disruption of grass carp had been happening all the period of cold storage.

CONCLUSIONS

This study revealed that muscle proteins of grass carp were always subject to degradation and conformational changes during the whole process of cold storage at 4°C, but significant changes in the relative contents of sarcoplasmic and myofibrillar proteins, SDS-PAGE fingerprints took place after 6 days of storage. Proteins with high MW were easily degraded and the relatively low MW proteins were relatively stable but could not avoid degradation during cold storage period. Ca^{2+} -ATPase of muscle decreased gradually, corresponding to the gradual protein denaturation. Besides, Protein's surface hydrophobicity and total SH content increased at the first 4 days of storage and then decreased gradually up to 10 days. So it could be speculated that the key time

point for cold storage of grass carp is approximately 4-6 days. Our results provided some new evidence for that the fish spoilage are related to gradual degradation of muscle proteins during cold storage, and would help to predict quality changes, optimize the storage management and reduce the economic losses of freshwater fish during cold storage. While further investigation in identification of specific proteins by proteomics method was needed.

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Statement of conflict of interest

The authors declare that there is no conflict of interests regarding the publication of this article.

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