

DR. NAVEED FARAH

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EMPLOYMENT HISTORY:

- **(Sep 2011 –To Date)** *Lecturer* (Rural Sociology)
University of Agriculture, Faisalabad
- **(Dec. 2006 – Sep 2011)** *Social Organizer (Gender)*
4 years & 8 months Punjab Irrigation and Drainage Authority (PIDA)
- **(Jan. 2006 – June. 2006)** *Research Assistant*
06 months International Water Management Institute (IWMI)
- **(Feb 2004 – May. 2005)** *Office Coordinator*
1 Year & 3 months Ali Zaib Foundation
- **(Feb. 2002 – April. 2003)** *Research Assistant*
1 Year & 3 months International Water Management Institute (IWMI)

ACADEMIC QUALIFICATION:

Doctor of Philosophy (2019) Rural Sociology, University of Agriculture, Faisalabad.	3.68/4.00	1st Division
Masters of Philosophy (2015) Rural Sociology, University of Agriculture, Faisalabad.	3.95/4.00	1st Division
Masters of Science (2001) Rural Sociology, University of Agriculture, Faisalabad.	3.95 / 4.00	1st Division
Bachelor of Science (1998) Home Economics, University of Agriculture, Faisalabad.	3.77 / 4.00	1st Division
Intermediate (1995) F.Sc. (Pre – Medical), B-I-S-E, Faisalabad	800 / 1100	1st Division
Secondary School Certificate (1992) Science Group, B-I-S-E, Faisalabad	704 / 850	1st Division

DISTINCTIONS:

- University Merit scholarship holder in B.Sc. and M.Sc.
- Silver medal holder in M.Sc. Rural Sociology.
- **Research Fellow** in **DAAD** funded project “Urbanization of agricultural land, fodder and dairy production, and resource use efficiency at the rural-urban interface in Pakistan and India”.

RESEARCH INTERESTS:

- Land use changes and impacts on farming communities.
- Rural Transformation and its impact on livelihoods of Agricultural Communities & Environment.
- Rural-urban linkages, Urban, peri-urban Agriculture (UPA)
- Migration & Urbanization

PUBLICATIONS:

a) BOOK CHAPTERS:

1. Farah, N., I. A. Khan, and A. A. Mann. 2018. Rural-urban Migration. p. 687-702. In Khan, I, A and Khan, M. S (ed.) Developing sustainable Agriculture in Pakistan. CRC Press, Boca Raton, FL, USA.
2. Mann, A. A., I. A, Khan and N. Farah. 2018. Population Planning and Labour in Pakistan. p. 635-658. In Khan, I. A. and Khan, M. S (ed.) Developing sustainable Agriculture in Pakistan. CRC Press, Boca Raton, FL, USA.

b) RESEARCH ARTICLES:

1. Mamoon Khan, Saima Afzal, Muntazir Mehdi, Muhammad Meesum Hassan, Naveed Farah. 2022. Socio-Psychological Impacts of Corporal Punishment on Secondary School Children (A study of District Zhob, Balochistan). VFAST Transactions on Education and Social Sciences, 10 (2):115-123.
2. Butt, T.M., Azra, M. Luqman, N. Farah and M. Yaseen. 2022. Exploring the rewards and consequences of wastewater irrigation in vegetables: case study of central Punjab, Pakistan. Sarhad Journal of Agriculture, 38(2): 585-594.
3. Farah, N., I.A. Khan, A.A. Abro, J.M. Cheema and M. Luqman. 2022. The nexus of land use changes and livelihood transformation of farmers at rural-urban interface of Pakistan. Sarhad Journal of Agriculture, 38(1): 46-59.
4. Fatima, K., Khan, I. A., & Farah, N. 2021. The Factors Responsible for shaping the Parent's Attitude. Global Social Sciences Review, 6 (2) :371-383.
5. Adeela Manzoor , Norina Jabeen , Saima Afzal , Naveed Farah , Ayesha Khurshid and Izhar Ahmad Khan. 2021. Examination of The Married Women’s Rights In Pakistani

Society: A Case Study Of The Demographical Variables Of Married Women In Urban And Rural Areas Of Faisalabad, Punjab, Pakistan, *Palarch's Journal Of Archaeology Of Egypt/Egyptology* 18(10): 2145-2153.

6. Muhammad Meesum Hassan, Naveed Farah, Saima Afzal, Abu Safian, Sidra Hussain. 2021. A Study on Occupational Health Hazards of Sanitation Workers in District Multan, Pakistan. *International Journal of Current Research and Review*, 13(13): 222-232.
7. Ayesha Khurshaid , Adeela Manzoor , Naveed Farah , Saima Afzal , Faiza Anjum , and Israr Ahmad. 2021. Exposing The Gender Role In Dairy Farming In Rural Area Of Okara, Pakistan: A Case Study Of Tehsil Okara, *Palarch's Journal Of Archaeology Of Egypt/Egyptology* 18(10): 860-868.
8. Farah, N., S. Afzal, I. A. Khan, S. Naeem, M. Luqman. 2021. Trans gender's inclusion in mainstream Pakistani society with reference to their inclination towards a respectable livelihood. *Journal of ISOSS*, 7(1) : 61-75.
9. Farah, N., B. Shahbaz, I. A. Khan, A. Manzoor, N. Jabeen. 2021. Gender Gap in Higher Education: A Study of Aspirations, Motivation and hindering factors for Women Students in Agricultural Sciences in Pakistan. *Journal of ISOSS*, 7 (2): 23-38.
10. Shahwar, D., I. A. Khan, N. Farah, & B. Shahbaz. 2021. Obstacles and challenges for women empowerment in agriculture: the case of rural Punjab, Pakistan. *Pakistan Journal of Agricultural Sciences*, 58(3), 1075-1080.
11. Farah. N., I. A. Khan, A.A. Maan, B. Shabaz. J.M. Cheema. 2019. Driving factors of agricultural land conversion at rural-urban interface in Punjab, Pakistan. *Journal of Agricultural Research*. 57(1):55-62.
12. Manzoor, A., N. Farah, I. A. Khan, N. Jabeen, S. Afzal, A. A. Maan, A. Afzal and A. H. Qureshi. 2018. Sustainable Rural Development through Women's Engagement in Livestock Sector in Punjab, Pakistan. *Pakistan Journal of Life and Social Sciences*. 16(2): 124-128.
13. Farah, N., A.K. Izhar, M. Adeela and S. Babar. 2016. Changing Land Ownership Patterns and Agricultural Activities in the Context of Urban Expansion in Faisalabad, Pakistan. *Pakistan Journal of Life & Social Sciences*. 14(3):183-188.
14. Farah, N., M. I. Zafar, Naima, N. 2012. Socio-economic and cultural factors affecting migration behavior in District Faisalabad. *Pakistan Journal of Life & Social Sciences*. 10(1):28-32.

PAPER PRESENTATIONS:

1. "Extent and determinants of agricultural land conversion at rural-urban interface in Punjab, Pakistan" - 1st International Interdisciplinary Conference. 27-28 March, 2019 at University of Okara.
2. Paper presented on "A review of changing climate & rising population impacts on agriculture produce: challenges for water & food security and sustainable development", in 2nd National Conference on "Water & Environment", 2-3 Aug, 2018, Mehran University, Jamshoro.
3. Paper presented on "Women Participation in Livestock care and management and its impact on productive & Reproductive economy in District Jhang, Pakistan", in International Conference on Gender, Human Rights and Islam. 23-24 Nov, 2017 at Bahu Din Zakria University, Multan.

4. Paper presented in “Factor hindrance in women’s right to decision making in Livestock management: A study of Punjab, Pakistan”, in International Conference on Gender, Human Rights and Islam. 23-24 Nov, 2017 at Bahu Din Zikria University, Multan.
5. “Urbanization of agricultural land: implications for agricultural activities along rural-urban interface in Faisalabad” in International Conference on Sustainable agriculture in Pakistan organized by US-Davis & Uni. of Agriculture, Faisalabad: November, 2016.
6. “A sociological study of women participation in agricultural activities in rural areas of district Layyah”, in International Conference on Sustainable agriculture in Pakistan organized by US-Davis & Uni. of Agriculture, Faisalabad. November, 2016.
7. “Use of solar cookers for improved health of rural households”, - ICDD International workshop on Sustainable Energy Solutions for community development in Pakistan: 8-9 Nov, 2016.
8. Paper presented on “Invisible Workforce: Needs & Problems of Home-based women workers in rural areas” in ICCD Conference on Linkages, Value Chains and Development along the Rural-Urban Interface. January 2014.
9. Paper Presented on “Socio-economic and cultural factors affecting migration behavior in District Faisalabad” in ICDD Conference held at Uni. of Agriculture, Oct 2011.

POSTER PRESENTATIONS:

1. “Usage of bio gas plant in socio-economic community development of district Faisalabad” presented in ICDD International workshop on Sustainable Energy Solutions for community development in Pakistan: 8-9 Nov, 2016.
2. “Food Utilization Patterns and associated risk factors in agrarian communities of District Faisalabad” in ICCD Conference on Linkages, Value Chains and Development along the Rural-Urban Interface. January 2014.

PROJECTS:

Project title and duration (from-to)	Status as PI or Co-PI	Funding Agency	Budget	Status
Promotion of solar cookers to change the energy use behavior of communities. (Feb 2017-Jan 2019)	PI	Endowment Fund Secretariat, Uni. of Agriculture, FSD	1.329 million	Completed
Youth and gender mainstreaming in agriculture activities through need based capacity building in Punjab and Khyber Pakhtunkhwa	CO-PI	PARB/USAID	3.00 million	Completed
Build Healthy Kids – School Health Promotion in Rural Areas of Faisalabad (July 2016-Oct 2016)	PI	HEC	1.0 million	Completed
Women Empowerment and gender sensitization in agriculture sector (November 2015-Jan 2017)	PI	USAID/GEP	8.54 million	Completed
Factors responsible for failure of	CO-PI	USPCAS-AFS	0.79	Completed

the role of electronic media in promoting farmers-interests in rural Punjab-Pakistan (August 2016-Jan 2017)			million	
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SEMINARS/WORKSHOPS ORGANIZED:

1. National Consultative Workshop on Gender sensitization and women empowerment in agriculture sector. 18th Jan, 2017 at UAF.
2. Seminar on “**Health & Nutritional Awareness for Rural Women**” at UAF.
3. Seminar at university of Agriculture, on International Rural Women Day Oct, 2013, with Title: “**Improving Female Framers Skills for enhancing Food Production**”.

TRAININGS ATTENDED:

1. 3 days training on “Producing Quality research in Social Sciences” 18-20 Dec, 2017 at Punjab Higher Education Commission, Lahore.
2. 3 days training on “Introduction to LaTeX –UAF synopsis and thesis”, 26-28 July, 2017: US- Pakistan Center for Advanced Studies, UAF.
3. 3 days International Training Workshop on “Building Capacity for Intellectual Property Management and Technology Transfer”, 9-11 Nov, 2015. US- Pakistan Center for Advanced Studies, UAF.
4. 2- Days training on “Cite While You Write”. 12-13 Sep, 2015 arranged by NIFSAT, UAF.
5. Active Citizens Program Development Workshop, 1-3 June, 2015 at Lahore by British Council, Pakistan and HEC, Pakistan
6. Indigenous on Campus Training (IOT), Under Modern University Governance Program, Higher Education Commission, Pakistan.
7. One-day Training Workshop on “Young Researcher’s Skill Development” National Academy of Young Scientists, Islamabad.
8. Training of Farmers & Mid-level Professionals on “Mass Awareness for Water Conservation and Development” by Pakistan Council of Research in Water Resources (PCRWR) and United National Development Program (UNDP)
9. Training of Trainers (Capacity Building Seminar on Presentation Skills and Career Development) Gender Reform Action Plan (GRAP).
10. Training of Trainers Punjab Irrigation & Drainage Authority (PIDA).

CONFERENCES ATTENDED:

1. 1st International Interdisci plinary Conference 27-28 March, 2019 at University of Okara.
2. 2nd National Conference on “Water and Environment”, 2-3 August, at Mehran University, Jamshoro.
3. International Conference on Gender, Human Rights and Islam. 23-24 Nov, 2017 at Bahu Din Zakria University, Multan.

4. International Conference on Sustainable Agriculture in Pakistan, at Uni. of Agriculture, Faisalabad, Nov, 2016.
5. International Conference on “Emerging Horizons of Agri. Extension for Sustainable Rural Development, Institute of Agri. Extension & Rural Development, UAF, Feb, 2015.
6. International Conference on Linkages, Value Chains and Development along the Rural-Urban Interface. International Centre for Development & Decent work (ICDD) and Uni. Of Agriculture, Faisalabad, Jan, 2014.
7. International Conference on urban, Peri-urban Agriculture, Employment & Value chain Management. International Centre for Development & Decent work (ICDD) and Uni. Of Agriculture, Faisalabad, Oct, 2011.

SEMINARS/SYMPOSIUMS/WORKSHOPS ATTENDED:

1. 2nd international workshop on “Scholarly Writing and Publishing”, Dec 9-13, 2019, organized by Institute of Soil & Environmental Sciences and Pakistan Journal of Agricultural Sciences, UAF.
2. Interactive Workshop on Issues and Challenges of Quality Enhancement in Higher Education, Sep 05, 2019.
3. International Seminar on “Strategies for Working with Adult Learners/Farmers, Institute of Agri. Extension & Rural Development, UAF,
4. 2 days Symposium on “Gender Equality & Justice” arranged by “UN Women” at University of Agriculture, Faisalabad.
5. Seminar on “Dissemination of Social & Environmental Assessment Guidelines for Irrigation Infrastructure” arranged by Social and Environmental Unit (SEMU), Punjab Irrigation & Drainage Authority.
6. Workshop on “Gender Empowerment & Home Life Improvement” Institute of Agri. Extension & Rural Development, UAF
7. 2 days Workshop on Youth Entrepreneurship YES Network & Uni. Of Agriculture.

SUPERVISION OF RESEARCH STUDENTS:

As Supervisor of Thesis	
M.Phil	18
PhD	04 (In Progress)
As Advisor of Technical Reports	20
As a member of Supervisory Committee:	120

CURRICULUM DEVELOPMENT:

- Developed the “BS Sociology” program in 2021.
- Member of Graduate Group for developing curriculum of MS Rural Development Program.
- Developed a Post graduate course on “**Gender in Agriculture**” in consultation with Dr. Angela from University of Cape Town, Ghana.
- Developed an Undergraduate course “**Comparative Religion**”.
- Developed Undergraduate course “**Citizen Education and Community Engagement**” with British Council & Higher Education Commission.

GENDER & YOUTH RELATED ACTIVITIES AT CAMPUS:

1. Convener “UAF Women Cycling Club”.
2. Working as **Coordinator** for British Council’s “Active Citizens” Program at University of Agriculture, Faisalabad.
3. **Focal Person “Change maker Institute Award”** with the British Council, Proskills UK Group and Youth Engagement Services (YES) Network Pakistan.
4. Member for Gender Equity Committee of University of Agriculture, Faisalabad
5. Performing duties as “Internship Coordinator” for Deptt. Of Rural Sociology.
6. Conducted a panel discussion on “Gender issues at campuses” (April, 2016)
7. Conducted seminar on International Women’s Day 2016, in collaboration with Center for Advanced Studies in Food & Agriculture-UAF, Faisalabad District Government and Social Welfare department, Faisalabad (March, 2016).
8. Conducted a panel discussion on “Social media-a new dimension of sexual harassment” (Dec, 2015)
9. Focal Person for Intra Faculty sports gala at Uni. Of Agriculture (November, 2015).
10. Conducted 5 days “Training of Facilitators” with British Council as Co-ordinator. 7-11 Sep, 2015 at UAF.
11. Conducted Seminar and walk on “Stand together to understand others” at UAF under Youth for Social change Program (August, 2015)
12. Served as a “Focal Person” for Expo-2015 (UAF), Horse & Cattle Show 2015 (Lahore), Kissan Convention, 2015 (UAF),
13. Focal person for “Youth for social change program” by Community World Service Asia and conducted workshops for Youth at UAF & Murree.

B) Empowerment of Women in Agriculture

- o Worked with Farmer’s Organization as social expert (Gender)
- o Conducted awareness seminars for rural women
- o Under the project “Gender sensitization & women empowerment in agri. Sector”, involved in
 - ☐ Research
 - ☐ Women mobility (Bicycle scheme for girls)
 - ☐ Scholarships awards for female students
 - ☐ Gender sensitization sessions at campus and in rural areas
 - ☐ Curriculum development on “Gender in Agriculture” & “Gender & Development”

LANGUAGE COMPETENCY:

	Understanding	Speaking	Writing
English	Good	Good	Good
Urdu	Excellent	Excellent	Excellent
Punjabi	Excellent	Excellent	Good

SKILLS & BEHAVIOUR:

- Office Management & Documentation.
- Team Player & Self Motivated.
- Able to understand and adopt changing scenarios & work under challenging environments.