

<u>Content</u>	<u>No of participants</u>
Sense of presence	6
Unity/completeness	15
Reverence/sacred/holy	2
Knowledge/spiritual enlightenment	13
Happiness/joy/peace	9
Strong emotional/physical reactions	9
Sensory/hallucinatory stimulation	14
<u>Context</u>	
Sacred Place	5
Depression/despair	3
Prayer/meditation	6
Religious worship	4
Various arts	5
Nature	5
Solitude	5
Creative work	0
Drugs	5
<u>Legacy</u>	
Increased wellbeing	7
Intensified Perception	4
Improved relationships	2
Less material, more altruistic	0
Reduced fear of death	2
Cognitive restructuring	12
<u>Process</u>	
Crisis	10
Abandon search for answers	1
Spiritual experience	29
Crisis resolved	2
<u>Newly Identified Codes</u>	
Change in belief identity	13
Search for rational explanation	20

Table 1

